

**Greater  
than a  
Program**



**LOVE Nova Scotia  
2018-2019 Annual Report**





## ➤ Announcing Our New Look!

We are delighted to unveil our new brand and logo, which was developed in partnership with LOVE chapters across Canada.

We are confident that our new brand image more accurately reflects the nature of our work and allows us to better embody our positive goal of building the resilience, skills, and support systems of our youth, to help them develop into strong, independent leaders ready to engage more fully in the world around them. After much thought and deliberation, we have decided to leave behind the word violence. It has become clear that the language that best describes our work actually hinges on the concept of building emotional intelligence in our youth. It is through this emotional intelligence that LOVE youth develop the capacity to face and overcome challenges.

Also, please check out our new website at [lovenovascotia.ca](http://lovenovascotia.ca)

### And follow us on social media!

**Facebook:** LOVE Nova Scotia

**Instagram:** @love\_novascotia

**Twitter:** @love\_novascotia



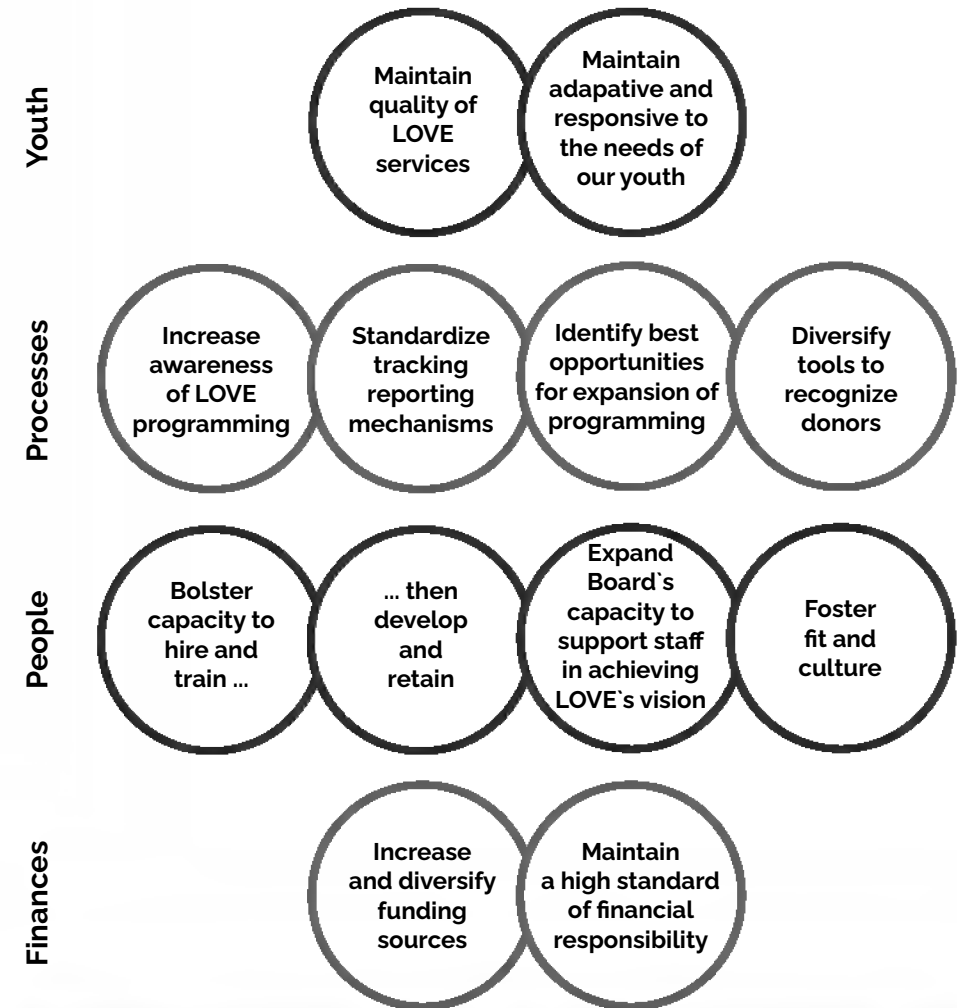
## ➤ Truefaux Partnership

We were thrilled to be selected as Truefaux Films Inc's 2019 Community Partner. Watch our social media for some fun videos and campaigns, coming soon!

## ➤ Strategic Plan

In September 2018, LOVE's Board of Directors and staff participated in a 2-day strategic planning session where we developed a vision statement and map of objectives to guide our work over the next 5 years.

## ➤ LOVE's strategic objectives for 2019 to 2024





## > LOVE Stats

In 2018-19, **246 youth** were enrolled in LOVE programs in Nova Scotia.

**Greater Than A Program:** LOVE is unique in that it offers the support of an on-staff Registered Social Worker and Youth Workers **24 hours a day, 7 days a week**. On average, LOVE provides over **1200 hours** of one-on-one support outside of its regular programming to youth in Nova Scotia annually. This support includes one-on-one in-person meetings, along with an average of over **7,800 contacts** by phone, text, and messaging.

Additionally, LOVE staff were contacted over **120 times** by youth who are not currently active within our core programs, but who rely on our staff for support with issues such as housing, job references, parenting support, mental health crises, and career and educational planning.

In 2018-19, LOVE ran **8 youth-driven programs** across Nova Scotia, including Media Arts and Leadership programs, in-school programs, and programs in the Mi'kmaq communities of Sipekne'katik and Membertou. Each year, LOVE provides over **400 hours** of programming to youth.

LOVE programs always include sharing a meal together. LOVE provides approximately **2,880 meals** to youth every year.

LOVE supplies bus tickets to youth in order to make our programs and services more accessible. On average, we provide **3,000 bus tickets** to youth every year.



## > SMU Evaluation

*Over the past year, we worked with Master's students from the Saint Mary's University Department of Psychology to conduct an evaluation of our work and programs. Highlights from their research findings are summarized below.*

*Our goal is to run an external evaluation like this every 3 years, a timeline which experts in the field have indicated to us is good practice, and prevents our youth participants (who are usually with us for multiple years) from becoming fatigued with the evaluation process. When we do conduct these evaluations, we find our response rate is high and we would like to maintain this.*

*We continue to conduct internal evaluations and seek feedback every year. Highlights and quotes from these can be found throughout this report.*

## > Youth Perceptions of LOVE Nova Scotia

Dr. Leanna Closson, Dr. Meg Ternes, Alicia McVarnock, & Nichole Cole  
Department of Psychology, Saint Mary's University

### What we did

Youths' perspectives in program evaluation research provide important insights for organizations, like Leave Out Violence Nova Scotia (LOVE NS), that function in a youth-centred manner. This study explored the values and outcomes of LOVE NS from youths' perspectives. To prioritize youths' voices, we conducted interviews with eighteen LOVE NS youth and alumni about their experiences with LOVE. Using a qualitative approach allowed us to hear from youth themselves, rather than imposing any assumptions as to what staff or researchers might expect key themes to be in advance, thereby improving the validity of the findings. Results below are based on youths' open-ended responses to two questions about how they have changed as a result of their experiences with LOVE and the long-standing lessons they have learned through LOVE.





## What we found

100% of youth indicated that LOVE brought positive change to their lives. Youth reported that participating in LOVE increased their access to social support and provided them with skills related to coping, as well as moral and social-emotional reasoning/behaviour. Youth also indicated increased openness to diversity because of their involvement with LOVE.

- › “Growing up, I had zero guidance. I had uninvolved parents...[LOVE staff] would talk me through these things.”
- › “...I don’t know if I would still be here without LOVE.”
- › “I’ve become more wise [...] my friend was experimenting with different drugs [...] I was like ‘You shouldn’t do that’.”
- › “(LOVE) helped me to be more self-aware in terms of identifying what I want and what I need to be healthy.”
- › “I used to only interact with a certain type of people. But, now I’m better at talking to almost everybody.”

In addition to tangible changes, 100% of youth revealed that participating in LOVE taught them important life lessons. Youth indicated that they learned lessons related to interpersonal skills and relationships, such as to refrain from judging others, have empathy, help others, and reach out to others when they need help.

- › “Not to be judgmental. I feel like before I started meeting other types of people at LOVE, I was very judgmental...”
- › “Be kind and considerate of other people. Other people’s feelings, other people’s perspectives.”
- › “Reach out when you need help, definitely. That was something I really struggled with, was when I needed help I felt like I shouldn’t reach out and that I should have to just handle it on my own.”



Youth also indicated that participating in LOVE taught them to have self-worth, self-awareness, and to be positive.

- › “(LOVE) taught me to be empowered. To understand that I have value and I have a lot to offer the world, whether other people see it or not.”
- › “Keep moving forward... And there’s always something better out there. It just can sometimes take time to get to it... Things will get better. It just might not be right now.”

## What it means

Youth report acquiring a variety of skills associated with positive development through their participation in LOVE NS. Many of these skills, such as adaptive coping, interpersonal and relationship skills, as well as moral and social-emotional competencies, are known to play a protective role against the negative effects of adversity on young people. Our preliminary findings show that LOVE indeed appears to equip violence affected youth with the skills necessary to cope successfully with life’s challenges and become well-adjusted young adults.

Findings from our interviews will inform the design of a survey that we will use to quantify youths’ experiences and validate the extent to which these qualitative changes are taking place within a broader sample of LOVE youth.





## ➤ Welcome from a LOVE Youth Leader

The LOVE program is a place where you can be yourself and not someone you're not. It's a place where you can let your guard down and chill. It's a place where you're safe and not going to be judged, no matter what. It's exciting to see all the faces there, new or old. It's a new experience and there's nothing like it.

There's always a new activity going on. It ranges from taking pictures to writing poetry at the next program. There's a circle to start off in and food to eat before the activity. Plus there's merch to be a part of the LOVE program. And if you're a leader or have leadership qualities, we're happy to introduce you to the Leadership Program in Halifax where you can shine like nothing else. Overall, it's a place you only have to go once to see what's it like, and you're going to LOVE it.

Jamieson Syliboy  
LOVE Sipekne'katik Youth Leader

## ➤ Welcome from Sarah MacLaren

Dear friends and supporters of LOVE,

Writing this letter always causes me to pause and reflect. This year holds particular significance for me, as I just celebrated 20 years of working at LOVE Nova Scotia.

It is impossible for me to encapsulate or capture in words the richness, beauty, great sorrow, and tremendous joy that have shaped these decades. What I can say with certainty is that the organization has evolved beyond measure, and beyond any expectation I could've imagined in August of 1999 when our work began. As we've grown, so has our need for diligent governance, and administration, but we remain a place that is driven by and for people.

At the heart of LOVE's success is the individualized support that we provide our youth.

It's our belief, that by attending to individual need- as vast and varied as those needs may be- we have created an organization that serves our collective needs: contributing to the health and well being of our communities.

It's been an honour to do this work. I owe a great debt to everyone who has walked through our doors, either as staff, youth, partner or funder.

Just as we couldn't have predicted 20 years ago where we would be today, we can not predict what the next 20 years will bring. What we can promise is that our commitment to our youth and the communities we serve will remain unwavering.

We look forward to welcoming our next generation of LOVE youth, and the relationships that will allow us to meet their needs.

With gratitude,  
Sarah MacLaren



Playing "I Love" at MAP

## › Halifax Media Arts Program (MAP)

The Media Arts Program (MAP) is LOVE Nova Scotia's entry-level program where youth (age 13-18 at intake) participate in group discussions and learn to communicate creatively and constructively through facilitated group discussion, writing activities, workshops with guest speakers, team-building games, and photography and media arts projects. MAP offers a safe, non-judgmental environment where youth can choose to talk about their experiences, or choose not to. This element of choice is crucial to LOVE's success. All participants attend our programs voluntarily, and are encouraged to share only if and when they are ready. MAP is often the first place these youth have felt comfortable and empowered sharing their experiences, thoughts, and ideas. A combination of one-on-one and group support provides youth with a solid network and strong sense of community, which they may not have outside of LOVE.

An important component of this program is that youth have access to the MAP facilitators (our Registered Social Worker and Youth Worker) outside of program hours. These staff members are available year-round, 24/7. In addition, our Registered Social Worker checks in with all youth every Sunday, and meets with youth who require extra support on Saturday mornings.

Outcomes of MAP include: increased sense of self-worth; improvements in physical and mental health; strengthened support networks and peer groups; increased access to positive role models; decreased feelings of boredom; increased literacy skills; increased communication and listening skills; increased conflict resolution skills; reduced interactions with law enforcement and/or the criminal justice system; stronger decision-making skills; increased interest in formal education; increased employability; decreased rates of youth crime; and youth awareness of available services and resources.



MAP runs twice a week (Tuesdays and Thursdays) at the University of King's College, from 4:30-6:30 p.m., from September to April. We had a very successful year at MAP, with 60 youth active in the twice-weekly program, and 20 youth on average attending each session. Five youth from MAP were promoted to the Leadership Program in December, and most of them continue to attend MAP as well, acting as role models for our other youth.

**MAP 2018-19 Highlights**

- The core elements of MAP include: a check-in question, group discussion, free writes/F-writes, teambuilding games, and a meal shared together in the King's cafeteria. Popular check-in and discussion topics this year included: relationships; creativity and art; setting goals; dealbreakers and dealmakers; and defining what "love" means. MAP youth also took an active role in creating work and planning for our "Show & Tell" Art Exhibit.
- A local physician visited us to answer health-related questions. Youth were interested in discussing a variety of topics, including cannabis awareness, anxiety, the impact of video games on health, and getting a good night's sleep.
- We had several special guests, including musician Kxng Wooz and spoken word artist Kanaar Bell.



**Feedback from MAP youth**

**What do you like about coming to MAP?**

- > "It's a very inclusive and understanding program. It warms my heart to see a space that anybody can come to for food, conversation, or friends."
- > "I love how supportive it is. LOVE is my happy place."
- > "While coming to LOVE, I enjoy the inclusive attitude regarding the conversation. Also, I enjoy how I really feel a belonging."

**What did you learn?**

- > "Better social skills."
- > "Be honest and have an open mind."
- > "From coming to LOVE, I learned how to be more confident – or comfortable with my confidence, some incredible advice or life lessons, and how to classify and learn from my thoughts and feelings."
- > "That I can be myself."







## ➤ Halifax Leadership Program

The goal of the LOVE Leadership Training Program is to produce a group of young people who employ leadership skills and act as role models in their day-to-day lives. Youth Leaders gain the skills, knowledge, and confidence to educate their peers and communities about youth engagement and best practices in working with young people, conducting and designing Community Outreach activities.

The impact of this program is five-fold: it impacts the individual youth leader; the 246 youth in our direct service programs; our outreach audiences; each Youth Leader's peers, family, and community; and the Nova Scotian public (through improved youth health and wellbeing).

The Leadership Program runs from September to May in the LOVE offices on Gottingen St. We are fortunate to have a dedicated kitchen volunteer, Linda Santalocce, who prepares food and provides cooking instruction in our office kitchen, so that youth can enjoy a meal together at every program.



Workshop with Unity Charity

## Halifax Leadership Highlights

- LOVE Leaders from Sipekne'katik continue to come to Halifax every two weeks to join in the Leadership Program, and as a result, bonds, connections, and collaborations continue to grow between these two groups of youth.
- In December, 5 new youth from LOVE's entry-level Media Arts Program were promoted to the Leadership Program, bringing our full number of Youth Leaders to 25.
- Themes and activities covered at Leadership this year have included: an Outreach Q&A training session; discussions about "being yourself" versus having a persona for places like work and school; role-playing and debating activities; and creating a time capsule.
- We were lucky to experience a guest workshop from the group Unity Charity on the core elements of hip-hop, and hip-hop as a positive outlet for stress and connection to peers and community.



Through a partnership with Joel Plaskett's New Scotland Yard studio, a group of LOVE Youth Leaders had the opportunity to record some of their original songs.

### Feedback from Halifax Youth Leaders

- › "I love how open and relaxed it is. I always feel welcome and supported. The leaders who run it are always so nice and friendly. I learned the qualities of being a leader, and how to be unique and true to myself. I am now currently learning how to be a good leader." -age 17
- › "I love being able to connect with other youth, building a family outside of my family. I also have a pool of supportive staff members that I can count on. Having that security is the most wonderful feeling of existence. I definitely learned to open myself up, allowing myself to accept the help of others. Being constantly exposed to a variety of personalities, I'm learning to build respect towards opinions I disagree with. " -age 18

- › "I like coming to LOVE because I feel it allows me to learn a lot more about others and allows me to be more empathetic and helpful. Coming to LOVE also makes me feel heard and listened to. The staff are also super nice and accommodating. They support you." -age 17
- › "I learned that it's always okay to ask for help when trying to make positive changes." -age 17
- › "LOVE is a great time to just be myself. I learned that it's not easy to be a good leader." -age 17

### Outreach

Continuing with our Halifax Youth Leaders' interest in sharing their perspectives with current and future youth-serving professionals, we have conducted three successful outreaches to classes in the Dalhousie School of Social Work in 2018-19.

Here is some feedback from Dalhousie students after our most recent outreaches:

- › "Your openness to discussing critical questions about social work and pairing it with first person narrative is extremely profound."
- › "If I were to take one thing from this presentation as I move forward, it would be the knowledge that lives can be changed because someone took the time to listen and to love."
- › "This has been the most useful, informative, and self-reflective exercise I have participated in since starting the social work program. I loved the fishbowl. It was a privilege to have the opportunity to listen in on such truth and honesty."



LOVE Sipeknekatik youth at their holiday party

## ➤ LOVE Mi'kmaq Programs

LOVE has been running programs in the Mi'kmaq communities of Sipekne'katik and Membertou for over 11 years. Indigenous youth have been, and continue to be, significantly affected by the ramifications of residential schools and oppression. By providing youth with the opportunity to become role models and leaders within their communities, we equip them to break the cycles of stress, depression, addiction, and violence that stem from historical injustices. In both Sipekne'katik and Membertou, the LOVE program is unique: there are no other groups meeting to discuss the issues we are discussing.

Having Mi'kmaq staff from these communities has positioned us to do our work, and to amend a program with non-Indigenous roots to the needs and realities of the communities we are serving. LOVE in

both Sipekne'katik and Membertou has Media Arts and Leadership components, which are tailored to best fit each community. These programs have incorporated many Mi'kmaq cultural practices and teachings, including smudge ceremony, sacred fire, pipe ceremonies, talking circles, and healing prayer.

### LOVE Mi'kmaq Programs Highlights

- We had a number of special visitors to our Sipekne'katik program, including Brian Knockwood from the Sipekne'katik Health Centre, spoken word artist El Jones, and guest speakers from the queer and drag community to talk about sexuality, identity, and self-expression. Serena Ali, our volunteer social worker from Colchester County Mental Health, led a consent-themed Q&A and quiz, and discussed legal issues around consent. In addition, we provided bi-monthly sweat lodge ceremonies, along with activities and ceremony in our tipi.
- Recent activities at LOVE Membertou have included attending a Screaming Eagles hockey game and Highlander basketball game; bowling; visits from Membertou Health Centre staff to answer health-related questions; a visit from the CBU art gallery staff to discuss Mi'kmaq artists and art; making traditional crafts; and discussions on positive psychology, anxiety, addictions, and bullying.
- Youth from both Sipekne'katik and Membertou worked on writing and photography to contribute to our annual youth art exhibit on the theme of "Show & Tell." In addition, youth from both of LOVE's Mi'kmaq programs (13 from each region) joined 13 LOVE Halifax youth at our regional Leadership Retreat at Camp Kadimah in Lunenburg, in June 2019. Mi'kmaq ceremony and traditional teachings are an integral part of the camp program.



Membertou youth at their holiday party

- Six Sipekne'katik youth were provided with one-on-one counselling through our partnerships with Colchester County Mental Health and the Clinic of Robert S. Wright/ People's Counselling Clinic. We also now have a Part-time Youth Worker in Membertou. This will enable us to offer 24/7 on-call support to youth in Membertou by September 2019.



Dream catchers made by Membertou youth

### Feedback from LOVE Mi'kmaq youth

- › "I like meeting people, food, workshops, and jokes. I learned about poetry, self-care, and consent." –age 17
- › "I love coming to LOVE because everyone likes each other's company and respects everyone's boundaries and privacy. I learned more about me as a person and it would have taken longer without LOVE." –age 17
- › "I like the food and great people. I learned about self-healing." –age 18
- › "I love the support that's given. It's an open and welcoming space. The topics we discuss are important and everyone's opinions are valued and matter. I love this program and there are so many benefits." –age 16



## > LOVE In-School Programs

We currently run two in-school lunch hour programs: one is at Dartmouth High School, and the other is a boys' program at John Martin Junior High. These programs, made possible by strong partnerships with the schools, aim to promote a more positive and inclusive school environment, while fostering bonds between youth who wouldn't otherwise socialize or interact. We are also able to refer students to services as required, including health services, the school guidance counsellor, and the LOVE Media Arts Program.

### **Dartmouth High Youth Feedback**

- > "I learned that it's OK to be different." –age 15
- > "I learned that everyone has a voice, and that voice should be listened to and respected." –age 15
- > "I learned that mutual respect is an invaluable tool." –age 16

### **John Martin Junior High Youth Feedback**

- > "I like the trust and bond we develop with each other." –age 14
- > "I come for the food and talking to friends. I made more friendships." –age 14
- > "I learned about many different things going on in the world." –age 13



## > Succeed and Proceed

The goal of S&P is to prepare youth with the employment and life skills, support, and resources to transition into employment or education, to reach their goals, and succeed in their lives. This program came out of recurring needs from LOVE youth that are best addressed one-on-one in an ongoing fashion. All S&P participants have access to LOVE's Registered Social Worker and Youth Workers 24/7, so on-call crisis support is an element of this program, along with scheduled one-on-one meetings that further enhance skill development and transition into work and education opportunities. In addition, this gives participants access to ongoing support around issues related to employment, mental health, parenting, housing, conflict resolution, and any other concerns they may be facing.

Recurring topics addressed through S&P include: accompaniment to appointments, resume and cover letter creation, job references, community college and university applications, student loan applications, applications to extracurricular or arts programs, personal budgeting, career development opportunities, support related to maintaining consistent employment and housing, support related to family conflict resolution, support related to pregnancy and caring for a new baby, support with chronic health issues, and support for youth with involvement in the justice system.





## > *Show & Tell Youth Art Exhibit*

Throughout our 2018-19 programming, LOVE youth in all three regions (Halifax, Sipekne'katik, and Membertou) engaged in photo field trips and creative writing activities to gather work for our annual youth art exhibit. The pieces in Show & Tell explore identities, communities, and stories. A public opening of the exhibit was held at the LOVE offices in May, and it will remain installed over the next year.



At the art exhibit opening in the LOVE offices





## ➤ LOVE Nova Scotia Leadership Retreat

In June 2019, we held our fourth provincial leadership retreat, which we have now established as an annual event. We were pleased to bring 40 youth from Halifax, Sipekne'katik, and Membertou together from June 13th-16th for a retreat at Camp Kadimah in Lunenburg County, NS. The retreat is a blend of traditional teachings, leadership development, and recreational activities like canoeing, swimming, and basketball, with a focus on the formation of respectful and meaningful relationships.

This year, we were pleased to be able to offer three exciting workshops by guest facilitators. The group Reclaiming Our Roots returned to teach youth about sustainability, and preparing (and eating) eel and trout the traditional way. Musician Finley Tolliver led a session on hiphop and songwriting, and Social Work practicum student Katherine hosted a discussion on mental wellness. On the last day of camp, youth called and led their own workshop sessions, which ranged from improv theatre, to gender and sexuality, to video games.





Performing at the talent show

Elder Jane Meader from Membertou, with support from her two daughters, returned to facilitate conversations about sacred teachings, treaties, and Mi'kmaq history and culture, and led talking circles, smudge ceremony, and naming ceremonies. As always, the retreat ended with a youth talent show, where a number of youth performed in front of a group for the first time.

**Feedback from youth at LOVE's 2019 NS Leadership Retreat**

- › "My favourite part of camp was ceremony with Jane." –age 13
- › "I learned to love yourself and be yourself."-age 14
- › "I learned to ask more questions, take more risks, and leadership skills." –age 17
- › "I've never been in such a supportive environment before, and I'm excited to take what I learned and apply it to my life." –age 17



Preparing trout the traditional way with Reclaiming Our Roots



Youth getting creative at the camp art table



Campfire!



## > LOVE National Camp

Every August, a group of LOVE Youth Leaders who have shown great progress in their leadership abilities are invited to attend an intensive week-long, national LOVE Leadership Camp. The 2019 camp, held at Camp Kinkora in Quebec, will bring together LOVE youth from all three Nova Scotian regions (Halifax, Sipekne'katik, and Membertou), as well as Ontario, Quebec, and British Columbia.

LOVE: Leave Out Violence Nova Scotia Society

**FINANCIAL POSITION**

March 31, 2019

|   | 2019             | 2018      |
|---|------------------|-----------|
| <b>ASSETS</b>                                     |                  |           |
| Current   |                  |           |
| Cash  | <b>\$244,399</b> | \$307,713 |
| Receivables and other current assets              | <b>16,203</b>    | 34,814    |
|   | <b>260,602</b>   | 342,527   |
| Cash for restricted uses                          | <b>150,000</b>   | 120,000   |
| Property and equipment                            | <b>77,373</b>    | 90,774    |
|   | <b>\$487,975</b> | \$553,301 |
| <b>LIABILITIES</b>                                |                  |           |
| Current   | <b>\$21,592</b>  | \$19,566  |
| Deferred contributions for next year's expenses   | <b>12,000</b>    | 154,000   |
|   | <b>33,592</b>    | 173,566   |
| Deferred contributions relating to capital assets | <b>47,420</b>    | 58,156    |
|   | <b>81,012</b>    | 231,722   |
| <b>NET ASSETS</b>                                 |                  |           |
| Internally restricted by the Board of Directors   | <b>150,000</b>   | 120,000   |
| Unrestricted net assets                           | <b>256,963</b>   | 201,579   |
|   | <b>406,963</b>   | 321,579   |
|   | <b>\$487,975</b> | \$553,301 |

LOVE: Leave Out Violence Nova Scotia Society

**RESULT OF OPERATIONS AND CHANGE IN NET ASSETS**

Year ended March 31, 2019

|   | 2019             | 2018      |
|---|------------------|-----------|
| <b>Revenues</b>   |                  |           |
| Donations   | <b>\$420,789</b> | \$359,462 |
| Government contributions and other                                      | <b>250,636</b>   | 181,845   |
|   | <b>671,425</b>   | 541,307   |
| <b>Expenses</b>   |                  |           |
| Program, service and activity costs                                     | <b>441,359</b>   | 377,290   |
| Administration and funding development                                  | <b>71,973</b>    | 62,854    |
| Rent and utilities  | <b>56,928</b>    | 54,729    |
| Amortization of property and equipment                                  | <b>15,781</b>    | 14,749    |
|   | <b>586,041</b>   | 509,622   |
| Excess revenues over expenses,<br>and change in net assets for the year | <b>\$85,384</b>  | \$31,685  |

The financial information above and on the preceding page is excerpted from the complete 2019 annual financial statements. The complete statements and the auditor's report appear on our website – [loveorganization.ca/ns](http://loveorganization.ca/ns). Copies may also be obtained by contacting the Society's office.



## ➤ LOVE: The Book Club

Thanks to a dedicated team of volunteers and sponsors, LOVE's fourth annual book club fundraiser was a success. Author Shari Lapena was interviewed about her most recent thriller, *An Unwanted Guest*, by local mystery author Anne Emery, and several Youth Leaders spoke about their experiences with LOVE.

### Thanks to our 2018 event sponsors:

**Platinum:** Scotiabank

**Gold:** Stevens Family Foundation

**Silver:** Emera, The Landings Surgical Centre, Wilsons

**Bronze:** ADRprivatecourt, Dixel Development, K&D Pratt, Halifax Learning Centre, RBC PH&N, Sutherland Watt CPAs

**In-Kind:** The Coast, Coburg Coffee House, Flower Trends, Jane Landry

**Sound Sponsor:** The Hideout Studios

**Venue Sponsor:** Cathedral Church of All Saints

**Donations:** Patterson Law, O'Reagan's

Special thanks to Penguin Random House for funding Shari Lapena's flight and accommodations.



## ➤ Canada 150 Commemorative Medal

In April 2019, LOVE was honoured to receive a Canada 150 commemorative medal for exceptional community members, presented by Senator Wanda Thomas Bernard.

## ➤ Bursaries

**LaQuinta Memorial Bursary:**

**one per year at \$500**

Shawntay Rose Dann

**Liam Thompson Memorial Bursaries:**

**two per year at \$1,000 each**

Michaela Julian

Shurenda Michael

**Light the Way Bursary**

**Sponsored by Bryant Realty**

**\$4,000 annually for each undergraduate year**

Treno Morton

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University

Susan E. French recently  
completed her final term on  
the Board, and we would like  
to offer heartfelt thanks for  
her years of service. (Acting),  
Faculty of Health, Dalhousie  
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Clinical Researcher & Staff  
Nurse IWK

# LOVE Supporters

For the April 1 2018- March 31 2019 fiscal year

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Government:  
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Communities, Culture,  
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